

# Kenyir Lake International Triathlon '09

(2009-Mar-29)

## D - Category Results: Men 40-49

RkCat	Bib	Name	Country	Swim	T1	Bike	T2	RunLap1	RunLap2	RunTotal	Total	Remark
1	313	Muhamad Razani Husain	Malaysia	00:25:29	00:01:03	01:03:12	00:00:43	00:18:44	00:19:53	00:40:32	02:10:58	
2	308	Iwata Takatoshi	Japan	00:27:49	00:01:16	01:12:11	00:00:50	00:19:39	00:19:27	00:41:11	02:23:14	
3	312	Niphon Suwan	Thailand	00:28:50	00:01:30	01:08:25	00:00:42	00:21:44	00:21:35	00:45:36	02:25:01	
4	302	Charoen Khangkharo	Thailand	00:34:52	00:01:28	01:10:48	00:00:47	00:18:44	00:18:41	00:39:22	02:27:16	
5	320	Steen Puggaard	Denmark	00:29:05	00:01:23	01:12:41	00:01:28	00:27:00	00:29:00	00:58:35	02:43:10	
6	319	Ralph Dixon	Malaysia	00:25:40	00:01:32	01:29:10	00:00:57	00:22:05	00:22:12	00:46:41	02:43:58	
7	326	Andre Bonfrer	Holland	00:31:39	00:01:49	01:18:15	00:01:28	00:24:12	00:26:34	00:53:15	02:46:24	
8	301	Ahmad Joyo bin Hj Mohd Sahari	Malaysia	00:28:24	00:01:15	01:12:40	00:01:17	00:30:23	00:30:42	01:04:07	02:47:42	
9	306	Freddie Tang Kok Wah	Malaysia	00:28:10	00:01:52	01:19:17	00:01:03	00:27:34	00:29:29	01:00:06	02:50:27	
10	317	Pek Wee Haur	Singapore	00:34:10	00:04:26	01:22:23	00:01:57	00:23:59	00:24:43	00:51:16	02:54:10	
11	307	How Choon Kiat	Singapore	00:47:47	00:02:42	01:19:54	00:01:31	00:21:43	00:20:48	00:44:39	02:56:32	
12	316	Paul Lee Boon Haw	Malaysia	00:44:18	00:04:35	01:22:51	00:01:53	00:26:15	00:28:04	00:56:53	03:10:28	
13	304	Chee Kai Mun	Malaysia	00:36:47	00:02:19	01:22:17	00:02:35	00:32:13	00:32:42	01:07:59	03:11:55	
14	322	Yap Eng Leong	Malaysia	00:28:20	00:02:32	01:23:44	00:02:24	00:40:17	00:35:07	01:18:26	03:15:24	
15	305	Chek Kon Fook	Malaysia	00:40:04	00:03:49	01:29:33	00:01:57	00:31:25	00:29:42	01:04:35	03:19:56	
16	321	Tan Chee Kee	Malaysia	00:31:23	00:01:49	01:31:45	00:01:39	00:37:31	00:34:29	01:15:56	03:22:28	
17	309	Jens Dreher	Germany	00:38:19	00:02:37	01:21:36	00:03:13	00:36:20	00:37:20	01:17:04	03:22:47	
18	325	Abdul Hamid Ramli	Malaysia	00:46:58	00:01:35	01:32:44	00:01:40	00:28:04	00:31:01	01:02:50	03:25:45	
19	310	Lester Thum	Malaysia	00:27:55	00:01:54	01:38:04	00:01:47	00:37:39	00:38:29	01:19:04	03:28:42	
20	318	Peter Chan Sai Kong	Malaysia	00:40:11	00:05:08	01:38:03	00:01:40	00:31:44	00:33:22	01:10:26	03:35:27	
21	315	Oliver Knott	Great Britain	00:34:30	00:03:14	01:56:53	00:01:40	00:35:38	00:35:50	01:14:35	03:50:50	

Timing & Results by ChampionChip; Printed at 3/31/2009 at 1:24:58 AM